

| WEEK 1                 |  MONDAY                                                                                                 | TUESDAY                                      | WEDNESDAY                                                                                              | THURSDAY                                                                                                                        | FRIDAY                                                                                                       |
|------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------|--------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------|
| Main dish              | Macaroni cheese                                                                                                                                                                          | Mediterranean chicken wrap with savoury rice | Deli Day<br>Assorted breads & fillings                                                                 |  Pork meatballs with wholemeal pasta         | Crispy battered fish & chunky chips                                                                          |
| Vegetarian Main dish   |   Vegetarian bolognese | Cheese & bean bake with potato wedges        | Deli Day<br>Assorted breads & fillings                                                                 |  Meat free sausage ragu with wholemeal pasta | Breaded vegetable fingers served with chips                                                                  |
| Accompaniments         | Peas & broccoli<br>.....<br>Salad bar                                                                                                                                                    | Roasted vegetables<br>.....<br>Salad bar     | Carrots & cauliflower<br>.....<br>Salad bar                                                            | Green beans & sweetcorn<br>.....<br>Salad bar                                                                                   | Peas & baked beans<br>.....<br>Salad bar                                                                     |
| Desserts               |  Upside down cheesecake                                                                                 | Lemon drizzle cake                           |  Apple & oat cookie | Chocolate muffin                                                                                                                |  Summer berries with whip |
| Fresh fruit or yoghurt | Fresh fruit or Yoghurt                                                                                                                                                                   | Fresh fruit or Yoghurt                       | Fresh fruit or Yoghurt                                                                                 | Fresh fruit or Yoghurt                                                                                                          | Fresh fruit or Yoghurt                                                                                       |
| Jacket potato          | Jacket potato & today's choice of filling                                                                                                                                                | Jacket potato & today's choice of filling    | Jacket potato & today's choice of filling                                                              | Jacket potato & today's choice of filling                                                                                       | Jacket potato & today's choice of filling                                                                    |

